

ทบทวนความรู้ ม.ปลาย รายการที่ 14

วิทยากร : อาจารย์จรรยา ประไพกรเกียรติ

***** COLDPLAY ******

In My Place
In my place, in my place
Were lines that I
I was lost, oh yeah
I was lost, I was lost
Crossed lines I
I was lost, oh yeah
And yeah
How long must you wait for it?
Yeah, how long must you
?
Yeah, how long must you wait for it?
For it
I was scared, I was scared
Tired and
But I'll wait for it
And if you go, if you go
And here
On my own



Then I'll wait for you, yeah
And yeah
How long must you wait for it?
Yeah, how long must
you?
Yeah, how long must you wait for it?
Singing please, please, please
and sing to me, to me, me
and sing it out, now, now
and sing it out to me, me
and sing
In my place, in my place
Were lines that I
And I was lost, oh yeah
Oh yeah

line =

- a long thin and sometimes imaginary mark that forms the edge, border of limit of sth.
- the shape of sth. that has been designed of created

lost (adj.) =

- not knowing where you are and how to get to a place
- not knowing what to do in a new situation

scared (adj.) =

frightened or worried



under (prefix) =

not enough, not done as well or as much as is necessary

on my own =

alone

come back =

to return to a place

come on =

- to start to happen of work
- said to encourage S.O. to do sth., especially to hurry or try harder, or tell you sth.

could

1 : used as a more polite form of 'can' when asking for permission :

Could I speak to Mr. Davis, please?

2 : used as a more polite form of 'can' when asking someone to provide sth. or (to)

do sth.:

Could you possibly turn that music down a little, please?

3 : used to express possibility, especially slight or uncertain possibility:

A lot of crime could be prevented.

4 : used as making a suggestion :

We could go for a drink after work tomorrow, if you like.

5 : used for saying, especially angrily, what you think someone else should do :

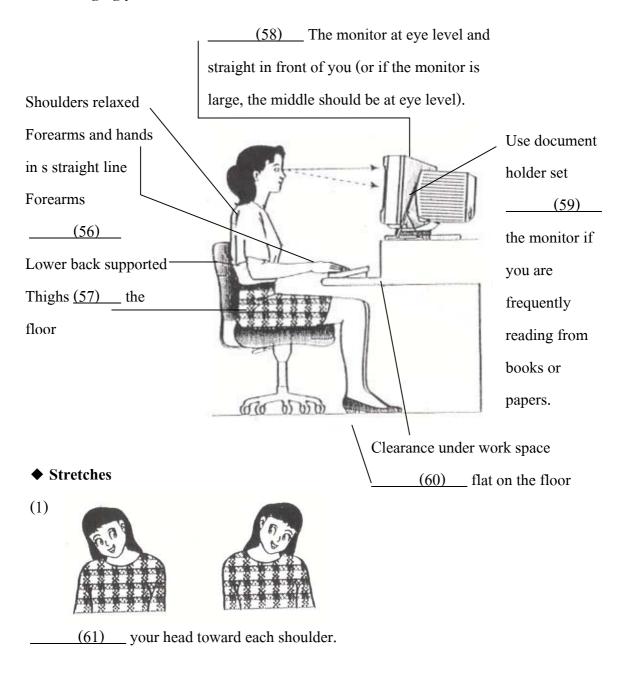
I waited ages for you - - you could have said that you weren't coming!



♦ How do I prevent it?

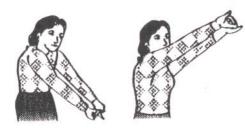
To keep the aches and pains of computer use away, follow the diagram below to create a healthy workstation. Also try the stretches given below before, during and after work.

◆ Arranging your office





(2)



Interlace your fingers with palms facing away from your body, then straighten your arms and ___(62)__ them toward the ceiling.



(63) forearm parallel to the floor, palm down, Gently (64) pressure to hand, bending wrist downward. Feel stretch in the forearm. Repeat, bending hand upward.

(4)



Place palms together with fingers <u>(65)</u> toward the ceiling, forearms parallel to the floor. Keeping palms together, push the heels of your palms together.

- 56. 1. level
- 2. Bent
- 3. lower
- 4. raised

- 57. 1. over on
- 2. down on
- 3. close to
- 4. Parallel to

- 58. 1. Delete
- 2. Position
- 3. Obstruct
- 4. Select

- 59. 1. next to
- 2. on top of
- 3. under
- 4. behind

- 60. 1. Legs
- 2. Feet
- 3. Fall
- 4. Lie

61. 1. Put

- 2. Nod
- 3. Tilt
- 4. Remove



63. 1. Wave 2. Keep 3. Push 4. Pull

64. 1. apply 2. Make 3. test 4. shake

65. 1. directing 2. Showing 3. placing 4. Pointing

We live over on the other side of the town.

Why is Mark so down on her at the moment?

During the recession, the country's growth rate was close to zero.

When I saw her close to I realized she wasn't Jane.

The road runs parallel to the railway.

position(V) =

to put sth. in a particular place:

Position the microphone as close as possible to the source of the sound.

delete(V) =

to remove or cross out sth. that has been written:

Several names had been deleted from the list.

obstruct (V) =

to block a path, passage, door ect. so that it is difficult or impossible for someone or sth. to move along or through it:

Tenants must not obstruct access to fire equipment.

select(V) =

to choose s.o. or sth. from a group:

We're going to select two students to represent the school.



next to = beside or very near to s.o. or sth. with no other person or thing in between:

Steve lives next to a lake, so we'll be able to go swimming.

on top of = covering s.o. or sth. :

His bike fell on top of him.

stretch (N) =

a movement or exercise in which you make a part of your body as straight as possible so that your muscles become long and tight.

put (V.) =

to move sth. to a particular position, especially using your hands:

She put her hand on Cliff's arm.

nod(V) =

- to move your head first downwards and then upwards
- to answer 'Yes' to a question or to show that you agree, approve or understand :

The manager nodded his understanding.

tilt(V) =

to move your head slightly upwards, downwards, or to one side :

She was sitting with her head tilted slightly back.

remove(V) =

to take sth. or s.o. away from a place:

Medical crews removed two people from the collapsed building.



heel =

the part of the front of your hand nearest to your wrist.

keep away =

To prevent an illness from infecting you

workstation =

a desk for one person to work at, usually with a computer.